

# Cancer Support Groups

2020 Schedule

## AdventHealth Daytona Beach

### Weekly Gentle Yoga

RSVP: 386-231-4018

EVERY TUESDAY | 5:30 – 6:30 PM

Free weekly Gentle Yoga Class instructed by the Christina Phipps Foundation for cancer patients, survivors and caregivers.

**FACILITATOR:** Kim Friedman and Christina Phipps Foundation

**LOCATION:** AdventHealth Daytona Beach Cancer Institute  
224 Memorial Medical Pkwy., Daytona Beach, FL 32117

### Art with Arlene

RSVP: 386-231-4018

EVERY OTHER MONTH | 2 – 3 PM

Free opportunity to come and express yourself through art. No artistic background necessary. Studies suggest that engaging in art activities are valuable in relieving symptoms of depression, anxiety and post traumatic stress disorder.

**FACILITATOR:** Arlene Kelly

**LOCATION:** AdventHealth Daytona Beach Cancer Institute | Large Conference Room  
224 Memorial Medical Pkwy., Daytona Beach, FL 32117

**DATES:** Jan 9 | Mar 12 | May 14 | July 9 | Sep 10 | Oct 8 | Dec 10

### Cancer Survivor's Group

RSVP: 386-231-4018

QUARTERLY | 3 – 4 PM

This group welcomes all survivors of all cancers, to come and share the story of their journey, meet other cancer survivors and feel welcomed by all!

**FACILITATOR:** Vanessa Hill, MSW, LCSW

**LOCATION:** AdventHealth Daytona Beach Cancer Institute | Chapel  
224 Memorial Medical Pkwy., Daytona Beach, FL 32117

**DATES:** Mar 19 | Jun 18 | Sept 17 | Dec 17

### Newly Diagnosed Cancer Support Group

RSVP: 386-231-4018

EVERY 4TH THURSDAY OF THE MONTH | 2 – 3 PM

This group is for patients with all types of cancer, who are newly diagnosed and/or currently in treatment.

**FACILITATOR:** Vanessa Hill, MSW, LCSW

**LOCATION:** AdventHealth Daytona Beach Cancer Institute | Chapel  
224 Memorial Medical Pkwy., Daytona Beach, FL 32117

**DATES:** Jan 23 | Feb 27 | Mar 26 | Apr 23 | May 28 | Jun 25 | Jul 23 | Aug 27 | Sep 24 | Oct 22 | Nov 19 | Dec 17

\*November and December dates have been moved due to Thanksgiving and Christmas.