

Cancer Support Groups

2020 Schedule

AdventHealth Palm Coast

Survivors Yoga Class

RSVP: Karen Grant, LCSW 386-586-2065

EVERY 2ND AND 4TH TUESDAY OF THE MONTH | 11 AM – 12 PM

Cancer survivors and caregivers can join this free restorative yoga class with a certified instructor.

FACILITATOR: Michel Jain, Certified Instructor

LOCATION: AdventHealth Palm Coast | Classroom C
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Jan 14 & 28 Mar 10 & 24 May 12 & 26 Jul 14 & 28 Sep 8 & 22 Nov 10 & 24
Feb 25 Apr 14 & 28 Jun 9 & 23 Aug 11 & 25 Oct 13 & 27 Dec 15

Newly Diagnosed Women's Support Group

RSVP: 386-586-2065

EVERY 2ND AND 4TH MONDAY OF THE MONTH | 5 – 6 PM

This group is for women with all types of cancer, who are newly diagnosed and/or currently in treatment.

FACILITATORS: Karen Grant, LCSW and Lisa Durham, RN

LOCATION: AdventHealth Palm Coast | Classroom TBD
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Jan 13 & 27 Mar 9 & 23 May 11 Jul 13 & 27 Sep 14 & 28 Nov 9 & 23
Feb 10 & 24 Apr 13 & 27 Jun 8 & 22 Aug 10 & 24 Oct 12 & 26 Dec 14

Women's Cancer Support Group

RSVP: 386-586-2065

EVERY 3RD THURSDAY OF THE MONTH | 5 – 6 PM

Support group for women with any type of cancer designed to connect them with information, resources, support and encouragement.

FACILITATOR: Karen Grant, LCSW

LOCATION: AdventHealth Palm Coast | Classroom D
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Jan 16 | Feb 20 | Mar 19 | Apr 16 | May 21 | Jun 18 | Jul 16 | Aug 20 | Sep 17 | Oct 15 | Nov 19 | Dec 17

Multiple Myeloma Support Group

RSVP: 386-446-1906

EVERY 2ND TUESDAY OF THE MONTH | 3:30 – 4:30 PM

This peer facilitated support group provides emotional support and educational opportunities for individuals and their families recently diagnosed with multiple myeloma.

FACILITATOR: Arnold Levine

LOCATION: AdventHealth Palm Coast | Classroom D
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Jan 14 | Feb 11 | Mar 10 | Apr 14 | May 12 | Jun 9 | Jul 14 | Aug 11 | Sep 8 | Oct 13 | Nov 10 | Dec 8

Head and Neck Support Group

RSVP: 386-864-7895

EVERY 1ST THURSDAY OF THE MONTH | 4 – 5:30 PM

Support for People with Oral, Head and Neck Cancer offering peer facilitated support groups to discuss coping strategies, experiences and hope.

FACILITATORS: Lewis and Amy Beilman

LOCATION: AdventHealth Palm Coast | Classroom D
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Feb 6 | Mar 5 | Apr 2 | May 7 | Jun 4 | Aug 6 | Sep 3 | Oct 1 | Nov 5 | Dec 3

Thrive Men's Cancer Support Group

RSVP: 386-586-2065

EVERY 3RD TUESDAY OF THE MONTH | 9 – 10 AM

Designed for men diagnosed with any cancer, the Thrive Cancer Support Group provides a comfortable setting for discussion, education and support throughout the treatment and recovery process.

FACILITATOR: Karen Grant, LCSW

LOCATION: AdventHealth Palm Coast | Classroom C
60 Memorial Medical Pkwy., Palm Coast, FL 32164

DATES: Jan 21 | Feb 18 | Mar 17 | Apr 21 | May 19 | Jun 16 | Jul 21 | Aug 18 | Sep 15 | Oct 20 | Nov 17 | Dec 15



AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 877-746-4674.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 877-746-4674.

